
**Action Network Family Resource Centers and
MCI Learning Centers**

Janet Kukulinsky
Executive Director

Located at: 38550 South Highway One
Gualala, CA 95445

Telephone: 884-5413

En Espanol: 884-5414

Fax: 707-884-5415

*Javier Chavez,
Bi-lingual Family Advocate*

Located at: 240 Main Street
Point Arena, CA 95468

Telephone: 882-1691

Email:
janet@actionnetwork.info

Mailing Address: PO Box 1163
Gualala, CA 95445

Website:
www.actionnetwork.info

**Action Network Family Resource Centers and Redwood Coast Bi-County
Community Collaborative provides bi-lingual family support services, after
school enrichment programs, and Windows-based computer lab and classes.**

Adolescent Services: For Inpatient Substance Abuse:

1. **Center Point** Telephone: 415-454-2413
812 "D" Street FAX: 415-454-3055
San Rafael, CA 94901

 2. **Daytop Adolescent Services** Telephone: 650-312-8377
1200 Palm Avenue FAX: 650-349-4468
San Mateo, CA 954402 Admin: 650-364-7988

 3. **AH-NO-VEN Home** (For teenage girls)
1020 Highlight Drive Telephone: 620-938-1947
West Covina, CA 91791

 4. **Willow Lodge** Telephone: 530-625-4010
PO Box 1267 FAX: 530-625-4258
Hoopa, CA 95042

 5. **Wemble House (Wemble NAALAN T'AT'AKSNI)**
121 Iowa Street Telephone: 541-273-0711
Klamath Falls, OR 97601 FAX: 541-273-0706

 6. **Our House** Telephone: 707-539-2948
PO Box 2587
Santa Rosa, CA 95405
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Adolescent Services: For Inpatient Substance Abuse: (Continued)

7. Starting Point

1001 Grand Avenue
Sacramento, CA 94576

Telephone: 916-929-5383

Al-anon

Rosemary

Telephone: 785-3283
Mailing Address: PO Box 1649
Gualala, CA 95445

Meets at Gualala Baptist Church Mondays 6:30-7:30 pm. Support to relatives and friends of people with alcohol problems.

Alcoholics Anonymous (AA)

Telephone: 884-1401

Point Arena and Gualala locations. Personal telephone consultations; 12-step program available. Telephone for meeting times and locations.

American Assoc of Retired Persons (AARP) Shirley Walton

AARP Driver Safety Program

Telephone: 785-3122
Mailing Address: PO Box 1156
Gualala, CA 95445

Email: jwalton@mcn.org

Website:
www.aarp.org/drive/online

"55 ALIVE/Mature Driving" is a classroom refresher course for older drivers. California drivers age 50 and older completing the course may be eligible for automobile insurance discounts, depending on insurance company.

Anchor Bay Amateur Radio Club

Ken Reynoldson

Telephone: 884-4155
Mailing Address: PO Box 815
Gualala, CA 95445

Email: ke6@arrrl.net

Emergency communication.

Anchor Bay Children's Choir

Sue Bohlin

Telephone: 884-5477
Mailing Address: 35501 S. Highway 1 #158
Gualala, CA 95445

Director
Email:
maestrasueb@sbcflglobal.net

Choir formed for children ages 6-13 who have a desire to sing and excel in the art of music. Contact the director or web site for further information.

**The Angel Fund; see The South Coast
Angel Fund**

Annapolis Historical Society

Telephone: 884-4224

Beverly Flynn

Annapolis Volunteer Fire Department

Telephone: 886-5166

Mailing Address: 36303 Annapolis Road
Annapolis, CA 95412

Joe Miller
Chief

Arena Pharmacy

Telephone: 882-3025 or 800-582-3025

Mailing Address: PO Box 113
Point Arena, CA 95468

Chris Jorgensen
Pharmacist

Arena Preschool

Located at: 20 School Street
Point Arena, CA 95468

Telephone: 882-2131

**Preschool program available half day during school year for students from
preschool to kindergarten.**

Arena Renaissance Company (ARC)

Located at: 214 Main Street
Point Arena, CA 95468

Telephone: 882-3ARC (3272)

Mailing Address: PO Box 611
Point Arena, CA 95468

Fax: 882-3272

Email: info@arenatheatre.org

Website: arenacinema.com

**Producing quality live entertainment in the magnificent Art-Deco style Arena
Theater; access upcoming events on our website. Support live theater, be-
come a member of ARC! Membership applications available at Arena Theater;
members receive discount on admission to all ARC performances.**

Arena Technology Center

Telephone: 882-2218
Located at: 255 Main Street
Pt Arena, CA 95468

Kim Swenson
Director

A place where youth and community come to surf the web via high-speed internet access, take free technology courses, online college course work, specializing in MacIntosh multimedia projects and digital arts.

Arena Theater

Located at: 214 Main Street
Point Arena, CA 95468
Telephone: 882-3020
Film Schedule: 8823456
Mailing Address: PO Box 611
Point Arena, CA 95468

Fax: 882-3272
Email: info@arenatheatre.org
Website: www.arenacinema.com

Arena Union Elementary School District

Located at: 45 Lake Street
Point Arena, CA 95468
Telephone: 882-2803
Mailing Address: PO Box 87
Point Arena, CA 95468

Arena Union Elementary School; Arena Learning Center

Located at: 20 Lake Street
Point Arena, CA 95468
Telephone: 882-2131
Mailing Address: PO Box 45
Point Arena, CA 95468

Fax: 882-3076

After school program for first to eighth grades from 2- 5:30 pm.

Baha'i Faith

Telephone: 882-3885

Basketball - Horicon Gym

Telephone: 886-5322
Mailing Address: 35555 Annapolis Road
Annapolis, CA 95412

Bereavement; see Shamli Volunteer Hospice

Big Brothers - Big Sisters of Mendocino, INC.

Emily Friebe

Telephone: 884-5413

High school students mentor for younger children. Kids helping kids to stop drug/alcohol abuse and encourage positive life goals and morals

Bower Park

Jan Rasmussen

Located at: Old Stage Road
Gualala, CA 95445

Telephone: 884-1136

Mailing Address: PO Box 1356
Gualala, CA 95445

Day-use, community park; picnic and BBQ area, duck pond, open-air theater, playground, tennis courts, basketball court, and baseball field; small, indoor space available for rent.

Burbank Housing, The Sea Ranch

Alicia Miller
Manager

Located at: The Sea Ranch, CA

Telephone: 785-3976

Mailing Address: PO Box 934
Gualala, CA 95445

California Department of Forestry and Fire Protection (CDF)

Dan Levin
Fire Chief

Located at: 960 Annapolis Road
The Sea Ranch, CA 95497

Telephone: 785-2648

California Native Plant Society (CNPS)

Lori Hubbard or Jon Thompson

Telephone: 882-1655 or 884-4847

Mailing Address: PO Box 577
Gualala, CA 95445

Website: www.dky.cnps.org

Information and education on California native plants, preservation, and local ecosystems.

Cancer Resource Center

Telephone: 707-937-3833

Cynthia Copenhagen

Email: mcrc@mcn.org

Cancer support group with locally-trained people.

Caregivers; see Shamli Volunteer Hospice

Christian Science

Telephone: 785-2505

City of Point Arena- see Point Arena, City of

Coast Cancer Support Group

Telephone: 884-4005 or
(800)449-6483

Monthly meetings, no cost and no requirements; ensuring you don't face cancer alone. Completely Confidential.

Coast Community Library

Located at: 225 Main Street
Point Arena, CA 95468

Telephone: 882-3114

Fax: 882-3114

Mailing Address: PO Box 808
Point Arena, CA 95468

Email: cclib@mcn.org

Website: www.mendolibrary.org

Adult and Children's books, audio and video tapes, magazines, and reference books available. Story hour. Three county system; can order materials.

Coast Computer Tutor

Telephone: 884-9441

Janet Flink

Fax: 884-9501

Mailing Address: PO Box 1110
Gualala, CA 95445

Email: jflink@mcn.org

Computer software instruction for MS Office, Internet, Windows, QuickBooks.

Coast Life Support District

Terry Bold at 884-4663

Located at: 38901 Ocean Drive
Gualala, CA 95445

Telephone: 884-1216

Mailing Address: PO Box 1056
Gualala, CA 95445Email: billing@clsd.comWebsite: www.clsd.com**Emergency Medical Services. Ambulance Service. IN EMERGENCY CALL 911
Bill Platt Training Center for CPR, Red Cross, and First-Aid classes.**

Coast NEST (Neighborhood Emergency Services); also see MESA

Genny Wilson

Located at: Bill Platt Center
Gualala, CA 95445

Telephone: 785-1025

Mailing Address: PO Box 82
The Sea Ranch, CA 95497Email:
hagginwilson@earthlink.net

Coast Youth Little League

Cindy Donovan

Telephone: 884-4830

Mailing Address: PO Box 1374
Gualala, CA 95445**Youth sports program including T-ball, Minors Baseball, Majors Baseball,
Juniors Baseball, and Softball. Try-outs held in February.**

Community Resources Connection (CRC)

Telephone: 884-4562

Mailing Address: PO Box 336
Gualala, CA 95445**CRC's mission is to provide a helping hand or referral to people in need in
our local, coastal community, regardless of age or financial situation. Calling
between Noon and 4 pm, Monday through Friday, or leaving a message at
other times, allows the caller to speak with a trained vol-unteer about
specific needs in a professional, confidential manner. Based on information
provided, s/he will suggest the caller contact specific professionals, trades
people, or volunteers able to provide the service or information required.**

Allen Cox, DDSLocated at: 38460 South Highway One
Gualala, CA 95445

Telephone: 884-3738

Dental services.

Crisis Line

Telephone: 1-800-575-4357 or 964-HELP

Crisis: rape - drugs - AIDS - alcohol - stress - suicide - runaways – depression - child abuse - hunger - homeless - domestic violence - dependent adult abuse. Confidential 24 hour Help Line.

Crisis Line - Coastal Clergy

Father Theo O'Sullivan

Telephone: 884-4920

Elk Volunteer Fire Department

Telephone: 877-3350

Volunteer fire and rescue department.

Episcopal Church: Shepherd of the Sea

Episcopal-Lutheran Mission

Telephone: 785-2549

Services held on Sundays, 9 am at Mary Star of the Sea Catholic Church in Gualala, in conjunction with the Lutheran Mission.

Equinox Care Facility

Located at: 38281 South Highway One
Gualala, CA 95445

Agnes Ajel
Administrator

Telephone: 884-4061

Fax: 707-884-9763

Mailing Address: PO Box 1281
Gualala, CA 95445

Residential Care Facility for the elderly.

Fire Departments:	Annapolis Volunteer Fire Department	886-5166
	Elk Volunteer Fire Department	877-3350
Emergency: 911	Garcia Fire & Rescue	882-3450
	Redwood Coast Fire Protection District	882-1833
	South Coast Volunteer Fire Department	884-4700
	The Sea Ranch Volunteer Fire Dept.	785-2648
	Timber Cove Volunteer Fire Department	847-3299

Food Bank

Located at: 37300 Church Street Bill Boland
Gualala, CA 95445
Telephone: 884-4330 or 882-2137 Peter Mohr 884-1645
Mailing Address: PO Box 414
Gualala, CA 95445

Food assistance for those in need.

Fort Ross School and District

Telephone: 847-3390
Address: 30600 Seaview Road
Casadero, CA 95421

Franklin, Laura L.Ac., NC

Located at: 35512 South Highway One
Anchor Bay, CA 95445
Telephone: 884-3203
Mailing Address: PO Box 1453
Gualala, CA 95445

Acupuncture, nutrition, and herbs.

Friendly Calls/Phone a Friend

Annabelle "Andy" Garetz or
Rosmary Mowry
Telephone: 785-3113 or 785-3283

Friends of the Garcia River (FROG)

Telephone: 707-882-3086
Mailing Address: PO Box 916
Point Arena, CA 95468

Friends of the Gualala River (FoGR)

Telephone: 707-785-3461

Garcia Fire and Rescue

Telephone: 882-3450
Volunteer fire and rescue department

Good Buy Clothes

Located at: 70 School Street Wilma Klagenberg
Point Arena, CA 95468
Telephone: 785-3530

A non-profit Catholic outreach organization whose purpose is to assist others in meeting their basic needs of food and clothing. The store is open the last Saturday of each month, 9:30 am - 3:30 pm.

Greenwood Elementary

Located at: Elk, CA 95432
Telephone: 887-3361

Gualala Arts Center

David "Sus" Susalla

Located at: 46501 Gualala Road
Gualala, CA 95445
Telephone: 884-1138 or 884-9908 Fax: 884-3038
Mailing Address: PO Box 244 Email: garts@mcn.org
Gualala, CA 95445

Art classes and workshops offered, theater groups and concerts presented, and the annual Art in-the-Redwoods show. Other phone numbers: Gualala Art Center Theater, 884-3838; Culinary Arts Guild, 785-3530; Gualala Fiber Artists, 785-2734; Gualala Arts Book Club, 785-3681.

Gualala Baptist Church

Bill Boland

Located at: 37300 Church Street Pastor
Gualala, CA 95445 Jason Baker
Telephone: 884-4330 Assistant Paster

Gualala Community Center

Located at: 47950 Center Street
Gualala, CA 95445
Telephone: 884-3179 Reservations
884-4968 Main Hall Email: gcc@mcn.org
Mailing Address: PO Box 263
Gualala, CA 95445

Space available for rent for events and classes. Farmers Market, Pay-n-Take, Seniors office; provides clothes, furniture, and appliances to needy.

Gualala Lions Club: see Lions Club of Gualala

**Gualala Municipal Advisory Committee
(GMAC)**

Telephone: 884-3006
Mailing Address: PO Box 67
Gualala, CA 95445

Mary Moberg
Secretary

Gualala Pharmacy: See Jack's Gualala Pharmacy

Gualala Point Park Volunteers

Located at: 2300 County Center Dr., #120A
Santa Rosa, CA 95403

Telephone: 785-2377

John Ryan
Volunteer Coordinator

Email:
volunteers@sonoma-county.org

Gualala River Steelhead Project

Telephone: 884-3454

Gualala River Watershed Council (GRWC)

Telephone: 785-3058

Healing Arts and Massage Center

Located at: Cypress Village
Gualala, CA 95445

Telephone: 884-4800

Massage therapy, acupuncture, and physical therapy.

Home Health Care

Mendocino Coast District Hospital

Telephone: 961-1234

**Horicon Elementary School and District
and Community Park**

Located at: 35555 Annapolis Road
Annapolis, CA 95412

Telephone: 886-5322

Dr. Beverly Flynn
Superintendent

Fax: 886-5422
Email: bflynn@mcn.org

In addition to providing public education to students K-8 grades, Horicon provides space, at a small cost, for community use including a sports field and multi-purpose building.

Horicon PTSA

Located at: 35555 Annapolis Road
Annapolis, CA 95412
Telephone: 886-5322

Jane Simmonds
PTSA President

Hospice, see Shamli Volunteer Hospice

Humane Society, Redwood Coast- see Redwood Coast Humane Society

Independent Coast Observer (ICO)

Located at: 38500 South Highway One
Gualala, CA 95445
Telephone: 884-3501
Mailing Address: PO Box 1200
Gualala, CA 95445

Steve McLaughlin
Editor

Website: www.mendonoma.com

Weekly community newspaper, Elk to Jenner.

International Order of OddFellows (IOOF)

Located at: PO Box 538
Point Arena, CA 95468
Telephone: 882-2616

Dan Doyle
Noble Grand

Jack's Gualala Pharmacy

Located at: 39351 South Highway One
Gualala, CA 95445
Telephone: 884-4107
Mailing Address: PO Box 825
Gualala, CA 95445

Jack Chladek
Pharmacist

Fax: 884-9024

Jehovah's Witnesses

Located at: 165 Lake Street
Point Arena, CA 95468
Telephone: 882-2822 or 884-3353

Kashia Band of Pomo Indians

Located at: Stewarts Point, CA 95480
Telephone: 591-0580
Mailing Address: PO Box 112
Stewarts Point, CA 95480

Kashia School and District

Located at: Stewarts Point, CA 95480
Telephone: 785-2662

Nicki Lorenzo
Superintendent
Lea Martini
Teacher

Knights Templars of Light

Telephone: 785-3462
Mailing Address: PO Box 572
 Gualala CA, 95445

KTDE, The Tide Radio Station

Located at: 38951 South Highway One
 Gualala, CA 95445

Telephone: 884-1000
Mailing Address: PO Box 1557
 Gualala, CA 95445

Amie Heath
Station Manager

Requests: 884-3000
Fax: 884-1229
Email: thetide@mcn.org

Local and national music, news, and public affairs.

Life Choices

Located at: Action Network
 38550 South Highway One
 Gualala, CA 95445

Mailing Address: PO Box 880
 Gualala, CA 95445

Telephone: 884-5460

Linda Crockett, LMFT
Scotty Howard, LMFT

Family, child, and adolescent psychotherapy; substance-abuse consulting and psychotherapy.

Light of The Coast Science of Mind Center

Located at: 33801 South Highway One
 Gualala, CA 95445

Telephone: 884-3631

Rev. Alyce Soden, M.S.,R.Sc.F.

Email: soden@mcn.org

Church services on Sunday evening 7 pm at the Center (address above). Full service Church, certified classes, weddings, memorials, spiritual counseling, ministerial, practitioner services, and ministry of prayer. Outreach: participates in South Coast Crisis Line, community Thanksgiving and Christmas Services at Point Arena Methodist Church, Good Friday Service and Blessing of the Animals at Mary Star of the Sea Catholic Church. Emergency counseling available.

Lighthouse Peddler

Mailing Address: PO Box 1001
Point Arena, CA 95468
Telephone: 882-4001

George Bailey
Editor & Publisher

Lions Club of Gualala

Mailing Address: PO Box 52
Gualala, CA 95445
Telephone: 884-3108

Walter Spille
President

Lutheran Church: Shepherd of the Sea**Episcopal-Lutheran Mission**

Telephone: 884-1460

Services held on Sundays, 9 am at Mary Star of the Sea Catholic Church in Gualala, in conjunction with the Episcopal Mission.

Manchester - Point Arena Band of Pomo Indians

Located at: 24 Mamie Laiwa Drive
Point Arena, CA 95468

Telephone: 882-2788

Mailing Address: PO Box 623
Point Arena, CA 95468

Council provides a variety of programs for Tribal members: scholarships, burial assistance, child care, job training, energy assistance, housing assistance.

Manchester Union Elementary School and District

Located at: 19550 South Highway One
Manchester, CA 95459

Telephone: 882-2374

Mailing Address: PO Box 98
Manchester, CA 95459

Cindy Gonzalez
Superintendent

Email: mansupt@mcn.org

Mary Star of the Sea - Catholic Church

Located at: Church Street
Gualala, CA 95445

Telephone: 884-4920

Father Theo O'Sullivan

Massage Therapy – Healing Arts

Vicki Albiston - Anchor Bay Massage Studio

Telephone: 884-1384

Francine Baeza 884-4935

Feldenkrais Method-Integrate Awareness – Paula Stillman

Telephone: 882-2042

Paula Gordon – Integrated Awareness

Telephone: 884-3823

Denise Green, CMT – Jin-Shin-Jyutsu

Telephone: 882-2437

Nita Green, CMT

Telephone: 884-3031

Mari Su Harris, AMTA, Nationally Certified

Telephone: 785-9933

Healing Arts & Massage Center – Judith Fisher

Telephone: 884-4800

Lavender Room, The – Alisa Edwards, CMT

Telephone: 884-1806

Cheryl & Fred Mitouer – Transformational Body Work

Telephone: 884-3138

Candace Moore - ABMP Member-Insured CMT

Telephone 884-9283

Cell: 972-0606

Gordon Smith, CMT

Telephone: 884-9210

Kersten Tanner – Cranio-Sacral Therapy

Telephone: 882-2966

Matrix of Change

Telephone: 785-3789

Mailing Address: PO Box 1438
Gualala, CA 95445

Mary-Dee Bowers

Email: mdbowers@mcn.org

Website: www.matrixofchange.org

Integration of social, economic, and environmental systems through forums, events, and projects.

Mendocino Coast Jewish Community Shul

Located at: 15701 Casper Road
Casper, CA 95420

Telephone: 964-6146

Margaret Holub

Rabbi

**Mendocino County Community Foundation
(MCCF Angel Fund; also The Angel Fund
and South Coast Angel Fund)**

Located at: 135 West Gobbi Street, # 204
Ukiah, CA 95482
Telephone: 468-9882

Susanne Norgard
Executive Director

Fax: 468-5529
Email: info@communityfound.org
Website: www.communityfound.org

Mendocino County Office of Education

Located at: 2240 Old River Road
Ukiah, CA 95482
Telephone: 707-467-5000

Fax: 707-462-0379

Mendocino County Services

Website:
www.mendocinoresources.com

**Mendocino Social Services
Department Child Protective Services**

Located at: 727 S State Street
Ukiah, CA 95482
Telephone: 463-7990
877-327-1799

or

Located at: 825 S Franklin Street
Ft Bragg, CA 95437
Telephone: 962-1100
877-327-1677

**Mendocino County Youth Project (aka)
The Youth Project**

Located at: 255 Main Street
Point Arena, CA 95468
Telephone: 882-1945
Mailing Address: PO Box 286
Point Arena, CA 95468

Karen Wandrei
Executive Director

Fax: 882-3624
Email: vpi@mcn.org
Website: MCYP.org

School-based counseling and prevention education.

Mendocino Emergency Services Authority – see MESA

Mendocino Humane Society

Telephone: 884-1304
Mailing Address: PO Box 1072
Gualala, CA 95445

**Animal shelters, low cost spay-neuter clinic, and pet adoption available.
Animal abuse and neglect reporting.**

Mendocino Transit Authority (MTA)

Telephone: 884-3723 Website: www.4mta.org
(800)696-4MTA (4682)

**Bus service from local communities to Santa Rosa, Fort Bragg, and Ukiah
seven days a week. Phone for schedule.**

Mendocino Watershed Service

Located at: 255 Main Street - 1st Floor Fax: 882-1916
Point Arena, CA 95468
Telephone: 882-1947 or 800-696-4MTA

**South Mendocino Coastal stream restoration, education, training, imple-
mentation, and planning.**

Mendocino Works (MPIC, Inc.)

Located at: 310 East Redwood Avenue Cynthia Hood
Fort Bragg, CA 95437 Program Manager
Telephone: 800-600-6950 or 964-6950 Fax: 961-1761
Email: cindi@mpic.org
Website: www.mpic.org

**MESA (Mendocino Emergency Services
Authority) including NEST, Tsunami, YES
(Youth Emergency Services) Camp,**

Located at: 175 School Street, #107
Ukiah, CA 95482
Telephone: 707-463-5630 Fax: 707-467-2504
Email:
Mailing Address: mesaofc@co.mendocino.ca.us
Website:
co.mendocino.ca.us/mesa

**Disaster preparedness including earthquakes, tsunami, NEST (Neighborhood
Emergency Services Team), and YES (Youth Emergency Services) Camp.**

NEST: see Coast NEST

New Hope Community Church

Located at: 95 Riverside Drive
Point Arena, CA 95468
Telephone: 882-2481

North Coast Artist Guild

Telephone: 884-3381

Nosy Rosy

Mailing Address: 38001 Country Club Way
Gualala, CA 95445
Telephone: 884-3080

Meghan Diggins

Event planning.

Notaries Public

Telephone: 884-4448
882-1960 or 785-2417
884-4146

Dave Goretsky at Copy Plus
Walt Jorgenson
Lea Seefeldt at 1st American Title Co.

**Oddfellows: see International Order of
Oddfellows (IOOF)**

Odiyan Nyingma Country Center

Located at: Tin Barn Road
Stewarts Point, CA 95480
Telephone: 785-2537

Tibetan Buddhist Monastery.

Pacific Community Charter School

Located at: 10 Lake Street
Point Arena, CA 95445
Telephone: 882-4131
Mailing Address: PO BOX 984
Point Arena 95468

Sigrid Hillscan
Principal

Pacific Community Charter High School

Yoland Highhouse

Located at: 200 Lake Street
Point Arena, CA 95445
Telephone: 882-2294
Mailing Address: PO Box 984
Point Arena, CA 95468

Pacific Piece Makers

Lynn Atkins

Telephone: 884-3838

President

Local quilting group.

Pay-n-Take

Located at: 47950 Center Street
Gualala, CA 95445

Telephone: 884-3179

Second hand goods for sale, ranging from clothing to furniture. Held the first Saturday of each month at the Gualala Community Center.

Phone a Friend/Friendly CallsRosmary Mowry or
Annabelle "Andy" GaretzTelephone: 785-3283 or 785-3113

Physical Therapy

Lisa Kritz, PT

Telephone: 884-4121

Peter McCann, RPT

Telephone: 884-4800

Plakos, Paul, MA, MFT

Telephone 797-326-7236

Licensed marriage and family therapist, and psychotherapy.

Point Arena, City of

Leslie Dahlhoff

Located at: 451 School Street
Point Arena, CA 95468

Mayor

Mailing Address: PO Box 67
Point Arena, CA 95468

Fax: 882-2124

Telephone: 882-2122

Hours: 9-11 am, 2-3 p.m.

Incorporated city, elected City Council, City Clerk. Manages wastewater reclamation facility and city-owned pier; launching fees and product charges.

Point Arena CITYART

Telephone: 882-3616

**Point Arena Community Health Center -
RCMS –Dental, Medical, Acupuncture,
and Substance Abuse Treatment.**

Dental Office: 175 Main Street Fax: 882-2698

Mailing Address: PO Box 629
Point Arena, CA 95468

Telephone: 882-2189

Medical Office: 30 Mill Street Fax: 882-2667

Mailing Address: Same as above

Telephone: 882-1704

Point Arena fireworks committee

Claudia Hillary

Telephone: 882-2122

Mailing Address: PO Box 67
Point Arena, CA 95468

Point Arena High School Boosters

Telephone: 886-5307

Point Arena Indian Health Clinic

Located at: 24 Mamie Laiwa Drive
Point Arena, CA 95468

Telephone: 882-2877 Clinic or
882-2788 Tribal Office

Mailing Address: PO Box 381
Point Arena, CA 95468

**Medical services, transportation, home visits, and patient education. No
cost to Native Americans.**

Point Arena Joint Union High School

Warren Gilletti

Located at: 200 Lake Street
Point Arena, CA 95468

Telephone: 882-2134

Mailing Address: PO Box 7
Point Arena, CA 95468

Point Arena Joint Union High School District Mark Iacianiello

Located at: 45 Lake Street Superintendent

Point Arena, CA 95468

Telephone: 882-2803

Mailing Address: PO Box 87
Point Arena, CA 95468

Point Arena Lighthouse and Museum

Rae Radtkey

Located at: 45500 Lighthouse Road
Point Arena, CA 95468

Telephone: 882-2777

Fax: 882-2111

Mailing Address: PO Box 11
Point Arena, CA 95468

Email: palight@mcn.org

Point Arena Lighthouse Keepers, Inc.

Telephone: 882-2809

Point Arena Lions Club

Telephone: 882-2197

Community service organization.

Point Arena Little School (PALS)

Lena Bullamore

Located at: 50 School Street
Point Arena, CA 95468

Director

Telephone: 882-2213

Mailing Address: PO Box 413
Point Arena, CA 95468

**Non-profit, private pre-school focusing on cooperative, imaginative play;
Tuesday, Wednesday, Thursday 8:30 - 11:45 a.m.**

Point Arena Pier

Located at: 810 Port Road
Point Arena, CA 95468

Telephone: 882-2583

Point Arena Village Apartments

Located at: 100 Port Road
Point Arena, CA 95468
Telephone: 882-2838
Mailing Address: PO Box 709
Point Arena, CA 95445

530-823-2477 (Main office for information) Low-income housing with rental assistance available for some units.

Post Offices:	Zip Codes:	95412	Annapolis	886-5151
		95432	Elk	887-3232
		95445	Gualala	884-3757
		95459	Manchester	882-2495
		95468	Point Arena	882-2515
		95480	Stewarts Point	785-2743
		95497	The Sea Ranch	785-2371

Project Sanctuary

Located at: 175 Main Street
Point Arena, CA 95468
Telephone: 882-4054 or 884-3727
Hotline: 884-3924
Mailing Address: PO Box 629
Point Arena, CA 95468

Heidi

Fax: 882-4057
Email: projsanc@mcn.org
Website: projectsanctuary.org

Provides crisis counseling 24 hours a day, 7 days a week, free family member support in dealing with family violence and/or sexual assault, short term safe shelter, paralegal assistance, advocacy. Crisis-line Volunteers welcome. Peer-crisis counseling: HELP LINE: 1-800-575-HELP (-4357)

Project Santa

Telephone: 884-9441

Janet Flink
Project organizer

REACH Helicopter

Telephone: 882-2481

Redwood Coast Chamber of Commerce

Telephone: 884-1080 or 800-778-5252
Mailing Address: PO Box 199
Gualala, CA 95445

Jan Harris
Email: info@redwoodcoastchamber.com
Website: www.redwoodcoastchamber.com

**Redwood Coast Education Foundation
(RCEF)**

Telephone: 785-3058

Mailing Address: PO Box 1525
Gualala, CA 95445

Dave Badger
President

Redwood Coast Fire Protection District

Located at: 19601 South Highway One
Manchester, CA 95459

Telephone: 882-1833

Mailing Address: PO Box 245
Manchester, CA 95459

Mike Suddith
Chief

Email: rcfpd@mcn.org

Volunteer fire and rescue services and medical responders.

**Redwood Coast Humane Society – Gualala,
The Sea Ranch, Point Arena**

Telephone: 884-1304

Mailing Address: PO Box 1072
Gualala, CA 95445

Email: dogsrus@mcn.org

Redwood Coast Land Conservancy

Telephone: 785-3327

Mailing Address: PO Box 1511
Gualala, CA 95445

Shirley Eberly, Vice President

Fax: 785-3327

Email: rclc@mcn.org

Website: www.rc_lc.org

Gualala Bluff Trail, environmental land use with public access, conservation easements.

**Redwood Coast Medical Services (RCMS);
RCMS Behavioral Health Services; Shamli –
Bereavement, Shamli Volunteer Hospice;
RCMS Counseling Department – Ext 110**

Located at: 46900 Ocean Drive
Gualala, CA 95445

Telephone: 884-4005

Mailing Address: PO Box 1100
Gualala, CA 95445

Medical care and services, specialist by appointment; wide range of health classes and group programs including: family planning, hospice services, cardiovascular and diabetic education, acupuncture, dental, annual free breast exams, prostate exams, lipid and blood sugar screenings.

RCMS Auxiliary

Telephone: 884-4005

RCMS Counseling Department

Located at: 38550 South Highway One
Gualala, CA 95445
Telephone: 884-4005 Ext 110 or 884-9474 Ext 110
Mailing Address: PO Box 1100
Gualala, CA 95445

Quin
LCSW
Fax: 884-4524

Individual, couple, and group therapy. Court certified anger management classes. Smoking cessation classes.

RCMS Dental Office

Located at 175 Main Street
Point Arena, CA 95468
Telephone: 882-2189
Mailing Address: PO Box 629
Point Arena, CA 95468

Fax: 882-2698
Email: dentist@RCMS-healthcare.org

Dental care services.

RCMS Point Arena Office

Located at 30 Mill Street
Pt. Arena, CA 95468
Telephone: 882-1704
Mailing Address: PO Box 629
Pt Arena, CA 95468

Fax: 882-2667

Medical care and services.

Redwood Coast Recreation Center (RCRC)

Located at: 38381 Ocean Ridge Drive
Gualala, CA 95445
Telephone: 882-1845 or 884-4346
Mailing Address: PO Box 502
Gualala, CA 95445

Fax: 882-1506
Email: info@redwoodcoastrecreationcenter.com

Website:
www.RedwoodCoastRecreationCenter.com

Our goal is to provid the community with a recreation center where they can enjoy quality sports experiences, aquatics, and general health improvement programs.

Referral Service (Ombudsman Program of Sonoma County)

Located at: 3262 Airway Drive
Santa Rosa, CA 95403
Telephone: 526-1408

Residential Care Information; See Equinox

Respite; see Shamli Volunteer Hospice

Roots Apothecary

Located at:	250 Main Street	Jackie Strock
	Point Arena, CA 95468	Jillian Nye
		Owners, Herbalists
Telephone:	882-2699	
Mailing Address:	PO Box 141	
	Point Arena, CA 95468	

Body Care and health care products.

Rotary Club of Gualala

Telephone:	785-3241	Richard Carter
		President
Mailing Address:	PO Box 1166	
	Gualala, CA 95445	

Community service organization.

Senior Exercise Program; Young at Heart

See South Coast Senior Center

Seventh Day Adventists

Telephone: 785-2021 or 785-2005

Shamli - Bereavement

Located at:	38550 South Highway One	Quin
	Gualala, CA 95445	LCSW
Telephone:	884-4005 Ext 110	
Mailing Address:	PO Box 287	
	Gualala, CA 95445	

Individual and/or group bereavement counseling for anyone in grief due to a death, recent or long ago, human, pet, etc.

Shamli Volunteer Hospice/Respice

Located at: 175 Main Street
Point Arena, CA 95468
Telephone: 882-2694

Margie Binker
Program Manager
Email: hospice@RCMS-healthcare.org
Website: www.RCMS-healthcare.org

Solid Wastes of Willits, Inc

Located at: 39925 South Highway One
Gualala, CA 95445
Telephone: 459-4845
1-800-My Garbage
Mailing Address: PO Box 1425
Willits, CA 95490

Fax: (707) 459-0175

Solid Waste Transfer & Recycling Centers.

Sonoma County Indian Health Project

Located at: 144 Stony Point Road
Santa Rosa, CA 95401
Telephone: 521-4664
Telephone: 882-2877 Manchester/ Point
Arena Site

Fax: 521-1016

Sonoma County Service

Website:
www.sonoma-county.org

**Soroptimist International of Mendocino-
Sonoma Coast, Inc.**

Telephone: 884-3368 or 884-3631

Mary Mober/Rev. Alyce Soden
Co-Presidents

Mailing Address: PO Box 1064
Gualala, CA 95445

Email: info@simsc.org
Website: www.simsc.org

Community service organization provides funds for various projects: schools, The Village Tutoring Center, Sober Grad, and The South Coast Senior Center. Annual Architectural Tour/Wine Tasting held the day before Mother's Day.

South Coast Volunteer Fire Department
Telephone: 884-4700
Volunteer fire and rescue department.

Chief: Leighton Nelson

St. Aloysius Catholic Church
Located at: 70 School Street
Point Arena, CA 95468
Telephone: 884-4920

Father Theo O'Sullivan

St. Paul's Community United Methodist Church
Located at: 40/50 School Street
Point Arena, CA 95468
Telephone: 882-2074
Mailing Address: PO Box 25
Point Arena, CA 95468

Rev. Tina Ballagh
Pastor

Email: Ringldr2@juno.com
Website: www.spcumc.com

Pantry with limited supply of canned and dry goods, no fresh vegetables or milk. Exercise class, emergency clothing, monthly lunch fellowship for women 70-90, afterschool art- and music-based group for children 4-10, among others. Ecumenical church crisis line for emergency assistance gas and groceries vouchers (Max 2x/year). Large meeting hall with kitchen for rent.

Substance Abuse Treatment

Call Mendocino County: 961-2522
Call Sonoma County: 565-7450

Taize Worship

Telephone: 882-2074

Services held at St. Paul's Community United Methodist Church (see above).

The Sea Ranch Association (TSRA)

Location: 975 Annapolis Road
The Sea Ranch, CA 95497
Telephone: 785-2444
Mailing Address: PO Box 16
The Sea Ranch, CA 95497

Tennis Club, Audubon Society, Walks for Health.

Young at Heart; see South Coast Senior Center

Youth Project, The: see Mendocino County Youth Project)

Zen Buddhist

Telephone: 884-4127

MENDOCINO COUNTY

Community Services Directory

ABUSE PREVENTION SERVICES

BIG BROTHER/BIG SISTER	964-1228
CHILD ABUSE NEGLECT PREVENTION	964-3080
CHILD PROTECTIVE SERVICES	962-1100
MC YOUTH PROJECT CRISIS LINE	(800)843-5200
MENDO. COUNTY YOUTH PROJECT	964-4376
SEXUAL ASSULT RESPONSE TEAM	961-1507

ADOPTION SERVICES

NATIONAL ADOPTION CENTER	(800)862-3678
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AIDS SERVICES

AIDS	961-6363
COMUUNITY CARE HIV/AIDS	462-1934

ALCOHOL/DRUG ABUSE

AL-ANON	937-2214
ALCOHOLICS ANONYMOS	964-7726
FORD STREET CENTER	961-6363
SUBSTANCE ABUSE	961-2522

ANIMAL CONTROL

ANIMAL SHELTERS	463-4428 or 964-2718
MOBILE SPAY/NEURER CARE-A-VAN	961-2526

CHILD CARE AND DEVELOPMENT SERVICES

EARLY START	962-7249
FAMILY DAY CARE ORIENTATION	964-3080
HEAD START PROGRAM	964-5961
RURAL COMMUNITIES CHILD CARE	964-3080
SPECIAL EDUCATION PRESCHOOL	961-1693
STATE PRESCHOOL	961-1693

CHILD SAFETY SERVICES

CALIFONIA HIGHWAY PATROL	911 or 467-4000
POISON CONTROL	(800)876-4766
SAFETY BELT SAFE, USA	(800)745-7233

CRISIS

CALIFORNIA HIGHWAY PATROL	911 or 467-4000
CRISES LINE	(800)575-HELP

CRISIS (CONTINUED)

COUNTY FIRE DEPARTMENT BUSINESS	961-2831
DOMESTIC VIOLENCE/INCEST ABUSE	(800)575-HELP
EMERGENCY	911
FORT BRAGG POLICE DEPARTMENT	961-2800
FORT BRAGG POLICE DISPATCH	964-0200
MENDOCINO FIRE DEPARTMENT	937-0131
POISON CONTROL	(800)876-4766
RAPE CRISIS	(800)575-HELP
SHERIFF'S DEPARTMENT	911 or 964-6308
SHERIFF'S DISPATCH	911 or 961-2421

DENTAL CARE SERVICES

CALIFORNIA DENTAL ASSOCIATION	(800)232-7645
CALIFORNIA SOCIETY OF PEDIATRIC DENTISTS	(800)503-9780
DENTI-CAL	(800)336-8478

DOMESTIC VIOLENCE AND CHILD ABUSE SERVICES

CHILD ABUSE	(800)CHILDREN
CHILDHELP USA CHILD ABUSE HOTLINE	(800)-4A-CHILD
CHILDRENS PROTECTIVE SERVICES (24HR)	(800)870-7064
NATIONAL DOMESTIC VIOLENCE HOTLINE	(800)787-3224

EDUCATION

COLLEGE OF THE REDWOODS	961-1001
FORT BRAGG LIBRARY	964-2020
HIGH SCHOOL INDEPENDENT STUDY	961-2864
MENDO COUNTY OFFICE OF EDUCATION	964-9000
MENDOCINO UNIFIED SCHOOL DISTRICT	937-5868
MIGRANT EDUCATION	961-0425
REGIONAL OCCUPATION PROGRAMS	964-9000
SPECIAL EDUCATION	961-2850 ext.16

EMERGENCY FOOD, CLOTHING, SHELTER OR CLOTHING

EMERGENCY SERVICES	(800)575-HELP
FORT BRAGG COMMUNITY CENTER	964-0422
HOSPITALITY HOUSE	961-1150
MENDO COUNTY FOOD BANK	964-9404
MENDO CO. FOOD AND NUTRITION PROGRAM	964-9404
SALVATION ARMY	961-2800
SHELTER (ONLY)	961-6363

EMPLOYMENT, TRAINING, JOB REFFERALS

EDD	964-3295
JOB ALLIANCE	961-2462
JOB SERVICES	(800) 300-5616
MENDO CO. PRIVATE INDUSTRY COUNCIL	964-6950
REGIONAL OCCUPATIONAL PROGRAMS	964-9000
WEST COMPANY	964-7571

FINANCAL ASSISTANCE

CARE(PG&E)	(800)743-5000
MENDO CO. DEPT. OF SOCIAL SERVICES	962-1000
REACH	(800)933-9677
SOCIAL SECURITY	964-1028
STATE COMP. INSURANCE FUND	573-6300
STATE DIABILITY INSURANCE	(800)480-3287
STATE UNEMPLOYMENT INSURANCE	(800)300-5616

HEALTH SERVICES

ANDERSON VALLEY HEALTH CENTER	895-2668
BREASTFEEDING COUNSELING	964-3513
CARING FOR WOMEN	964-3513
CHILDBIRTH CLASSES	964-3513
CHILDREN HEALTH AND DISABILITY PREVENTION	964-7106
FAMILY PLANNING	964-1251
IMMUNIZATIONS	964-4713
MEDICAL	962-1000
MENDOCINO COAST DISTRICT HOSPITAL	961-1234
MENDOCINO COUNTY COAST CLINIC	964-1251
MENDO CO. HEALTH DEPARTMENT, FORT BRAGG	964-4713
MENDOCION COUNTY PUBLIC HEALTH	(800)734-7793
MENDOCINO FAMILY HEALTHCARE (FAMILY AND OB/GYN)	937-4202
POINT ARENA TRIBAL HEALTH	882-2788
PRENATAL INFO	964-4713
REDWOOD COAST MEDICAL SERVICES (RCMS)	884-4005
WELL BABY/ WELL CHILD CLINIC	964-7106
WOMEN'S HEALTH MEDICAL CENTER	964-0259
WOMEN, INFANTS, CHILDREN (WIC)	964-7106

HOUSING

COAST COMMUNITY CENTER	961-6363
COMMUNITY DEVELOPMENT COMMISSION (HUD)	(800)545-5730

LEGAL AND CRIMINAL SERVICES

FORT BRAGG POLICE DEPARTMENT 961-2800
LEGAL SERVICES OF NORTHERN CALIFORNIA 462-1471
MENDO CO. DISTRICT ATTORNEY 964-5624
MENDO CO. JUVENILE PROBATION DEPT. 964-6975
MENDO CO. PUBLIC DEFENDER 964-0606
MENDO CO. PROBATION DEPARTMENT 961-2622
VICTIM WITNESS ASSISTANCE PROGRAM 961-2411

MENTAL HEALTH/COUNSELING

CRISIS LINE (800)575-HELP
DROP-IN SUPPORT GROUP FOR WOMEN 961-1507
MENTAL HEALTH DEPARTMENT 964-4747
MENDO COUNTY YOUTH PROJECT 964-4376 or 882-3624
PROJECY SANCTUARY 961-1507

NATIVE AMERICAN SERVICES

PONIT ARENA INDIAN RANCHERIA 882-2788

PREGNANCY SERVICES

ACCESS FOR INFANTS AND MOTHERS (800)433-2611
BABYCAL (800)222-9999
LA LECHE LEAGUE (800)525-3245

RECREATION/LEISURE

FORT BRAGG LIBRARY 964-2020
MENDOCINO ART CENTER 937-5818
MENDOCINO RECREATION 937-4133
COMMUNITY CENTER
RECREATION CENTER 964-2231
RECREATION AND PARK DISTRICT 964-9446

SERVICIOS PARA LA COMUNIDAD LATINOAMERICANA

CHILDBIRTH CLASSES 964-3513 or 964-0259
HEAD START (800)326-3122 or 964-5961
MIGRANT CHILD EDUCATION 961-0425
SAFE PASSAGE 964-3077
STATE PRESCHOOL 961-1693

SPECIAL EDUCATION

MENDOCINO GRAMMER SCHOOL 937-0515
SELPA 964-9000
SPECIAL EDUCATION (DANA GRAY) 961-2850
SPECIAL EDUCATION PRESCHOOL 961-0418

SPECIAL NEEDS SERVICES

CHILD HEALTH AND DISABILITY PREVENTION	964-7106
COASTAL SUPPORT SERVICE	964-4916
COMMUNITY CARE	964-4027
DEPARTMENT OF REHABILITATION	463-4791
EARLY START	964-7249
EASTER SEALS	(800)234-SEAL
HIGH RISK INFANT PROGRAM	964-4713
PARENTS & FRIENDS	964-4940
REDWOOD COAST REGIONAL CENTER	964-6387
RESPIRE PROGRAM	964-3080
SCHWAB FOUNDATION FOR LEARNING	(800)230-0988

TRANSPORTATION

CAR SEAT INFO	964-1251
DIAL-A-RIDE (MTA)	964-1800
MENDOCINO STAGE	964-0167
MENDOCINO TRANSIT ASSOCIATION	(800)696-4682
ROAD CONDITIONS	(800)GAS-ROAD

SONOMA COUNTY

COMMUNITY SERVICES DIRECTORY

ADOPTION SERVICES

ADOPTION CONNECTION 415-359-2494
NATIONAL ADOPTION CENTER (800)862-3678

ALCOHOL AND DRUG ABUSE SERVICES

ALCOHOLICS ANONYMOUS 546-2066
COUNCIL ON ADDICTION 544-7544
DRUG ABUSE ALTERNATIVES CENTER 544-3259
DRUG SERVICES 565-6945
SONOMA CO. ALCOHOL, DRUG AND TOBACCO
SERVICES 524-7450

ANIMAL CONTROL

ANIMAL REGULATION 565-7100
DOG LICENSES 546-7105
LOST AND FOUND 565-7104

CHILD CARE SERVICES

CHILD CARE ASSOCIATION 542-8742
CHILD DEVELOPMENT DIVISION (800)KIDS-793
COMMUNITY CHILD CARE COUNCIL 544-3077

CHILD SAFETY SERVICES

CALIFORNIA HIGHWAY PATROL 911 or 588-1400
POISON CONTROL (800)876-4766
SAFETY BELT SAFE, USA (800)745-7233

CHILD SERVICES

FIRST 5 SONOMA 565-6638

COUNSELING SERVICES

FAMILY COUNSELING OFFICES 545-4551
SOCIAL ADVOCATES FOR YOUTH 544-3299

CRISIS

CALIFORNIA HIGHWAY PATROL 911 or 588-1400
CRISES LINE 546-1234
DOMESTIC VIOLENCE/INCEST ABUSE 546-1234
EMERGENCY 911
MENTAL HEALTH 24 HOUR SERVICES 576-8181
POISON CONTROL (800)876-4766

CRISIS (CONTINUED)

RAPE CRISIS	546-1234
SONOMA CO. SHERIFF'S DEPARTMENT	911 or 565-2511
SONOMA CO. SHERIFF'S DISPATCH	911 or 565-2121

DENTAL CARE SERVICES

CALIFORNIA DENTAL ASSOCIATION	(800)232-7645
CALIFORNIA SOCIETY OF PEDIATRIC DENTISTS	(800)503-9780
DENTI-CAL	(800)336-8478
REDWOOD EMPIRE DENTAL SOCIETY	546-7275

DOCTORS AND MEDICAL ASSISTANCE

AIDS INFORMATION AND TESTING	(800)367-2437
HEALTHY FAMILIES HEALTH INSURANCE	(800)880-5305
SONOMA CO. DEPT. OF HEALTH SERVICES	565-4700
SONOMA DIABETIC AND EDUCATION SERVICES	938-2667

DOMESTIC VIOLENCE (DV) AND CHILD ABUSE SERVICES

CHILD ABUSE	(800)CHILDREN
CHILDHELP USA CHILD ABUSE HOTLINE	(800)-4A-CHILD
CHILDRENS PROTECTIVE SERVICES (24HR)	(800)870-7064
MC YOUTH PROJECT CRISIS LINE	(800)843-5200
NATIONAL DOMESTIC VIOLENCE HOTLINE	(800)787-3224
WOMEN'S JUSTICE CENTER	575-3150
WOMEN'S EMERGENCY SHELTER PROGRAM	546-7115
YMCA SHELTER/ DV HOTLINE	546-1234

EDUCATION

FIRST 5 SONOMA	565-4445
OFFICE OF EDUCATION	524-2600
PRESCHOOL-NIPP PROGRAMS	522-3271
SANTA ROSA LIBRARY	545-0831
SANTA ROSA JUNIOR COLLEGE (SRJC)	527-4011
SONOMA STATE UNIVERSITY (SSU)	664-2880
SONOMA CO. EDUCATION CHILD CARE	588-7420
PLANNING COUNCIL	
SPECIAL EDUCATION	524-2710

EMERGENCY FOOD, CLOTHING, SHELTER OR CLOTHING

FOOD FOR HUMANS	869-3612
FOOD FOR THOUGHT FOOD BANK	887-1647
GOODWILL INDUSTRIES	545-2492
SALVATION ARMY	433-3334
ST. VINCENT DE PAUL SOCIETY	528-7580

EMPLOYMENT, TRAINING, JOB REFERRALS

ECONOMIC DEVELOPMENT BOARD	565-7170
EMPLOYMENT TRAINING	565-5550
HUNAM RESOURCES	565-2331
SONOMAWORKS	565-5500

FOOD ASSISTANCE SERVICES

REDWOOD EMPIRE FOOD BANK	528-2717
SONOMA COUNTY HUMAN SERVICES DEPARTMENT	527-2715
WIC SUPPLEMENTAL NUTRITION PROGRAM	525-8590

HEALTH SERVICES

ALCOHOL AND OTHER DRUGS SERVICES	565-7450
ALCOHOL AND DRUG OUTPATIENT TREATMENT	565-7450
CALIFORNIA CHILDREN'S SERVICES	565-4500
CHILD HEALTH AND DISABILITY PREVENTION	565-4460
ENVIORNMENTAL HEALTH	565-6565
HEALDSBURG DISTRICT HOSPITAL	431-6500
HIV/AIDS SERVICES	565-7402
IMMUNIZATIONS AND STD TESTS	565-4820
PALM DRIVE HOSPITAL	823-8511
PUBLIC HEALTH	565-4400
SANTA ROSA MEMORIAL HOSPITAL	546-3210
WONEN'S CANCER CENTER	577-7992
WOMEN'S HEALT BIRTH CENTER	539-1544
WOMEN INFANTS AND CHILDREN (WIC)	565-6590
WOMEN'S OB GYM MEDICAL GROUP, INC.	579-1102

HOUSING

COMMUNITY DEVELOPMENT COMMISSION	565-7500
HOUSING AUTHORITY	565-7500

LEGAL AND CRIMINAL SERVICES

DISTRIVT ATTORNEY	565-2311
JUVENILE COURT	537-6250
JUVENILE DISTRICT ATTORNEY	537-6250
JUVENILE PROBATION DEPT.	537-6229
PUBLIC DEFENDER	565-1791
PROBATION DEPARTMENT	565-2149
VICTIM ASSISTANCE PROGRAM	565-8250

MENTAL HEALTH

CHILDREN'S MENTAL HEALTH	565-4810
CRISIS LINE	546-1234
MENTAL HEALTH DEPARTMENT	565-4900
MENTAL HEALTH RESOURCE TEAM	565-6900
PSYCHIATRIC EMERGENCY SERVICES	576-8181

PARENT EDUCATION AND SUPPORT SERVICES

MATRIX-PARENT NETWORK AND RESOURCE CENTER	586-3314
TEEN PARENT PROGRAM	565-4480

PREGNANCY SERVICES

ACCESS FOR INFANTS AND MOTHERS	(800)433-2611
ALLIANCE MEDICAL CENTER	433-5494
BABYCAL	(800)222-9999
FAMILY PLANNING	565-4820
LA LECHE LEAGUE	(800)525-3245
PLANNED PARENTHOOD	584-3404
PREGNANCY-PRENTAL SERVICES	565-4554
SOUTHWEST COMMUNITY CLINIC	547-2222
WOMEN'S HEALTH AND BIRTH CENTER	576-4800

READING PROGRAMS

CENTRAL SANTA ROSA LIBRARY	545-0831
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SPECIAL NEEDS AND DISABILITES

MATRIX- PARENT NETWORK AND RESOURCE CENTER	586-3314
PRESCHOOL-NIPP PROGRAMS	522-3271
SCHWAB FOUNDATION FOR LEARNING SPECIAL EDUCATION	(800)230-0988 524-2710

TRANSPORTATION

MENDOCINO TRANSIT ASSOCIATION	(800)696-4MTA (4682)
ROAD CONDITIONS	(800)GAS-ROAD (427-7623)
SONOMA COUNTY TRANSIT	576-7433
TRANSPORTATION AUTHORITY	565-5373